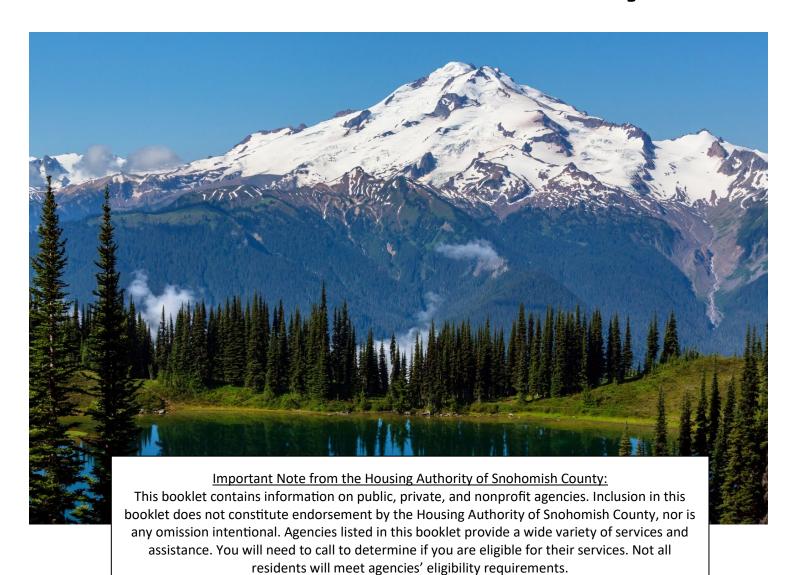


# HASCO's Guide to Resources in Snohomish County



Ways Home. Paths Forward.



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#### **HASCO'S Information Contact List:**

Reach out to us to be added to the mailing list for our monthly resources and events email. This includes information on programs, classes, workshops, activities, and other opportunities in Snohomish county that you may be interested in or may benefit from. You will be able to unsubscribe from this mailing list at any time. Please call 425-290-8499 and say "wait list" or email: waitlist@hasco.org for additional information.



# **HOUSING**



#### 1. Coordinated Entry

**Coordinated Entry is your first stop** and best resource if you are homeless or about to become homeless.

Eligible households can access Coordinated Entry for homeless prevention and housing assistance through screening, assessment, and prioritization.

Please note, immediate housing resources are limited.

Call 2-1-1

or (800) 223-8145

Website: wa211.org

#### HOW DO I ENTER THE SYSTEM?

#### Step 1: Assess your Current Housing Situation

- <u>Literally Homeless</u>: You are sleeping outside, in a shelter, or somewhere not meant for human habitation.
- Imminently Homeless: You will lose your current housing in 14 days or less.
- Housed: You have a place to stay, even temporarily, including couch surfing or staying with family members.

#### Step 2: Call 2-1-1

No matter which situation you are in, you can call 2-1-1 to get information about resources and programs that are available to you.

#### Step 3: In-Person Services for those who are Literally Homeless

In-person Coordinated Entry service is only available to people who meet the following requirements:

- **Are Literally Homeless**
- DO NOT already have an assigned Housing Navigator
- HAVE NOT already started the Coordinated Entry process

If you meet these 3 criteria you may go to the Carnegie Resource Center at 3001 Oakes Ave, Everett WA 98201, Monday-Friday at 1pm-4pm. Sign-in at 12:45pm-3:20pm. Please note that due to time restraints, they typically only have time to see the first 3 clients that sign in.

#### 2. Housing & Rental Assistance

Programs may have long waiting lists or ones that are closed. Check back occasionally for openings.

Seattle, WA 98119

www.seattlehousing.org

Low Income Affordable Housing, public housing,

Housing Authority of Snohomish County Everett, WA 98204 Low Income Affordable Housing, Public Housing affordable rentals, Rural Development property Based Assistance programs.		Cocoon House Everett, WA 98201 Short- and long-term housing at-risk teens (12-24 years old and their children. LGBTQIA-	d), teen mothers
Domestic Violence Services of Snohomish Coun Everett, WA 24-hour crisis hotline. Free & confidential service shelter, legal advocacy, support groups & domes	dvs-snoco.org es: emergency	Everett Housing Authority Everett, WA 98201 Low Income Affordable House	(425) 258-9222 www.evha.org sing, Public Housing.
Housing Hope Everett Everett, WA 98203 Housing Assistance Programs, emergency shelte housing, affordable apartments, & homeowners			
Catholic Community Services	Call 2-1-1 for referral	Seattle Housing Authority	(206) 615-3300

Housing Choice Voucher Program, supportive homeless services. services.

Housing navigation, shelter, permanent supportive housing,

emergency assistance, Native American Housing, rapid rehousing, HEN,

ccsww.org

Everett, WA

#### 3. Home Ownership Resources

Housing Hope Team HomeBuilding (425) 322-3723 x234

5830 Evergreen Way, Everett Email: homes@housinghope.org

www.housinghope.org/team-homebuilding

Low interest, 0 down sweat equity loans. Home sites located north of Marysville & east of Highway 9.

**Snohomish County Property Tax Reduction** (425) 388-3540 3000 Rockefeller Ave, M/S 510, Everett (425) 388-3433 www.snoco.org

Property tax reduction for homeowners aged 62+ and adults with a disability under 61. Annual household income must be \$45,000 or less.

**Snohomish PUD Weatherization** 

www.snopud.com/save-energy/residential/rebates/ weatherization/

Rebates on energy-saving home improvements.

**Snohomish County Health Dept. Savvy Septic Program** www.snohd.org/712/Savvy-Septic-Program

Rebates, grants & education for homeowners maintaining a septic system.

**Community Housing Improvement Program** (425)257-8735

2930 Wetmore Ave, Ste 8B, Everett

www.everettwa.gov/CHIP

No monthly payment, low-interest loans for home repairs for homeowners in Everett & urban growth areas.

**Homage- Minor Home Repair** 

(425) 265-2222

5026 196th St SW, Lynnwood

www.homage.org

Minor home repairs/modifications to improve safety & accessibility.

Washington Homeownership

(877) 894-4663

**Resource Center** 

www.homeownership-wa.org

Homeownership & foreclosure information.

Washington State Housing **Finance Commission** 

(800) 767-4663 wshfc.org

1000 2nd Ave, Ste 2700, Seattle 98104

Resource information for home buyers, renters & owners.

**HomeSight** 

(206) 723-4355

5117 Rainier Ave S, Seattle 98118 homesightwa.org Education & resources for homeowners & buyers in King, Pierce & Snohomish counties.

# Resource Centers & Navigation



#### 1. Resource Centers & Navigation

#### **Carnegie Resource Center**

(425) 434-4680

3001 Oakes Ave, Everett 98201

pioneerhumanservices.org/treatment/centers?tid=18#0

The Carnegie Resource Center connects Snohomish County residents to housing navigation, legal services, behavioral health services, substance use disorder treatment, employment services & training opportunities, health insurance navigation, public benefits enrollment.

**Arlington Community Resource Center** 

(360) 322-6988 | Stanwood Community Resource Center (360) 629-5257

103 E 3rd St (2nd floor), Arlington www.voaww.org/acrc Helps with basic needs: food, clothing, shelter, utilities, housing. Classes on budgeting, life skills, parenting, & renter certification. Domestic violence support group & mental health

9612 271st St NW, Stanwood www.crc-sc.org offers help with basic needs: food, utilities, housing, eviction, vehicle fuel, & more.

Lake Stevens Community Resource Center (425) 405-2252 8021 20th St SE, Lake Stevens voaww.org/lscrc Offers help with basic needs: food, clothing, shelter, utilities, housing & other resources.

**Sky Valley Food Bank** (360) 794-7959 233 Sky River Pkwy, Monroe svfoodbank.org

Offers help with utility bills & basic needs.

**Interfaith Family Shelter** (425) 200-5121

Everett, WA interfaithwa.org/prevention The Homeless Prevention program helps keep families housed and avoid becoming homeless.



services.

#### 1. Resource Centers & Navigation (continued)

### Bridgeways Project for Assistance in

(425) 513-8213

(425) 355-3504

Transition from Homelessness

bridgeways.org | Everett, WA

**Saint Vincent De Paul** 

prescription medication.

**Pioneer Human Services** 

svdpnsc.com

4716 61st Street NE, Marysville

Offers case management, emergency rental assistance, referral to detox treatment, behavioral health treatment, housing, direct services, job training, veterans affairs.

Hand In Hand (425) 374-2461

Financial assistance, homeless prevention,

food/gas vouchers, free beds for kids, aid for

**Take the Next Step Family Resource Center** 

(360) 794-1022 www.ttns.org 9502 19th Ave SE, Ste F, Everett

Offers Sky Valley residents help with basic needs like food, job coaching, & limited financial assistance for gas cards, bus passes, emergency partial payment of rent or utilities.

handinhandkids.org/outreach-program Offers help with basic needs like food, resources & referrals.

Linc Northwest and The Center at North Marysville

(360) 654-4205

(206) 768-1990

1424 172nd St NE, Marysville

202 S Sams St, Monroe

www.lincnw.org

pioneerhumanservices.org/housing
Helps people that face barriers to housing and
employment due to criminal history.

www.thecenteratnorthmarysville.org/our-services

Offers parent skill training, literacy supports, substance use prevention, mentoring, mental health & family counseling services. May provide housing navigation (rent & utilities assistance), financial assistance for emergency shelter or gas. Free clothing & toiletries.

Holy Cross Outreach (360) 691-2636 6915 SR 92, Lake Stevens hccclakestevens.org Serves those who need help in Lake Stevens and Granite Falls areas. Provides food, & assistance with utility/rent bills.

Community Resource Center of Stanwood Camano

(360) 629-5257

9612 271st St NW, Stanwood <a href="www.crc-sc.org/resources">www.crc-sc.org/resources</a>
Financial assistance for rent, mortgage, utilities. Free or low cost glasses & hearing aids. Fuel and food vouchers. Employment support services.

The C-Suite Center for Hope (425) 626-5141
Marysville, WA www.c-suitehope.org
Resource navigation for people in any stage of cancer, their caregivers & family.

Lutheran Community Services Northwest, Everett/Familias Unidas Community

(425) 521 5811 English (425) 513-2880 Spanish

**Sound Pathways** 

(425) 258-2977

**Resource Center** 2500 Hewitt Ave, Ste 300, Everett

https://lcsnw.org/program/community-resource-centers

Help with maintaining or finding housing, mental health support, DSHS & government benefit applications, job search, emergency clothing, veteran services, and basic needs like food, toiletries, diapers.

1625 E Marine View Dr, Ste 4, Everett soundpathways.org

Substance use prevention & intervention services. Free clothing, hygiene kits, warming kits, naloxone, diapers, pet food, and more.

The Village on Casino Road

(425) 610-3856

14 E Casino Rd, Everett

villageoncasinoroad.org

Residents of Casino Road can get help with resource navigation, utilities, food, counseling, free phones, prescription assistance, health insurance, ESL classes, youth tutoring. Community clothing closet available Monday-Friday. Preschool for kids ages 3-5.

**Bethany Compassion Center** (425) 512-9696 1421 Broadway Everett

www.bethanycompassioncenter.com/

<u>bccprograms</u>

Provides navigation & emergency assistance with housing, financial assistance (utility bills or rent/mortgages), treatment programs, cancer care, etc. Laundry services, food, hygiene supplies available.

Peer Seattle

(206) 322-2437

1520 Bellevue Ave, Ste 100, Seattle 98122 <u>wv</u>

www.peerseattle.org

Provides peer coaching, support groups, employment support, housing support, & resource referral services to people impacted by addiction, mental health, HIV/AIDS or other sexually transmitted diseases.

Prioritizes LGBTQIA2S+ folks.

Veterans Assistance of Snohomish County (425) 388-7255

Provides homeless services, case management for veterans & their families, & emergency vouchers for housing, utilities & food.



#### 1. Resource Centers & Navigation (continued)

#### **Washington Connection**

www.washingtonconnection.org/home/home.go

Website that offers a fast and easy way for people to apply for services such as Food, Cash, Child Care, Long-Term Care, and Medicare Savings Programs. People that are age 65 or older, blind or disabled may also apply for medical assistance.

# National Resource Center on LGBT Aging (2

aging (212) 741-2247

info@lgbtagingcenter.org www.lgbtagingcenter.org

Resource center aimed at improving the quality of services & support for LGBT older adults.

#### **Ingersoll Gender Center**

517 E Pike St, Seattle 98122

(206) 849-7859 www.ingersollgendercenter.org

Supports transgender & gender-variant people towards growth & well-being through support groups, educational opportunities, jobs programs & events.

#### 3704 172nd St NE Ste P, Arlington

840 N Broadway Ste 200, Everett

20311 52nd Ave W Ste 100, Lynnwood

19705 State Route 2, Ste 100, Monroe

805 156th Ave NE, Bellevue 98007

900 E College Way, Ste 100, Mount Vernon

4101 Meridian St, Bellingham

275 SE Pioneer Way, Ste 201, Oak Harbor

2507 Evans Vista, Port Townsend

# Department of Social and Health Services (DSHS) Community Services Office (CSO) 877-501-2233

TTY/TDD users dial 1-800-833-6384 for Washington Relay Service. <a href="https://www.dshs.wa.gov/esa/online-community-services-offices/community-services-office">https://www.dshs.wa.gov/esa/online-community-services-offices/community-services-office</a>

Apply in person or online for food and cash benefits. See list of locations to the right. Visit the website for calendar of when/where the Mobile CSO will visit: <a href="https://www.dshs.wa.gov/esa/calendar?">https://www.dshs.wa.gov/esa/calendar?</a>

field event type tid=All&fields mobile cso region value=b

#### **DSHS Emergent Needs Program**

(877) 501-2233

www.dshs.wa.gov/esa/community-services-offices/emergency-programs Offers income qualified people in emergent situations can get help with basic needs like food, cash assistance, shelter, utilities, medical emergencies, child care, mental health and more.

#### 2. Senior Services

**Snohomish County Senior Housing Stability Program** (425) 388-7585 Resource navigation for Snohomish County residents who are 60+ years old, experiencing homelessness, & have behavioral health concerns.

Homage

(800) 422-2024

5026 196th St SW Lynnwood (425) 290-1260

homage.org

Provides resources & navigation to older adults & people with disabilities. Services & information on senior care, health & wellness, nutrition, home repair, transportation services, caregiver support, & multicultural services.

#### **Sunrise Services Senior Housing Placement**

(425) 212-4200 or (425) 366-2267
7100 Evergreen Way, Everett
www.sunriseservicesinc.com
Serves people who are elderly, have
developmental disabilities, have mental/
physical challenges, who need help to
manage employment & money, & those
who need help to stay in their homes.



# 3. Disability Resources

Arc of Snohomish County 127 E Intercity Ave, Ste C, Everett (425) 258-2459 www.arcsno.org Support & resource information for people with intellectual & developmental disabilities & their families. Open by appointment only.	MSHH Donor Closet (425) 712-1807 409 Howell Way, Edmonds www.mshh-donorcloset.com Offers low-cost medical & mobility equipment, hospital beds, scooters, power chairs, wheelchairs, transport chairs & rollators.	Washington Assistive Technology Act Program (800) 214-8731 watap.org Resources & services for people who face challenges related to disability & aging to help them select & use assistive technology.
Autistic Self Advocacy Network autisticadvocacy.org National disability rights organization that works to protect disability & civil rights, celebrate and promote autistic community & culture. View their website for resources & information.	Brain Injury Alliance Washington PO Box 3044, Seattle 98114 Resource Line: 877-982-4292 www.biawa.org Assists individuals affected by brain injury by providing free classes, support groups, referral services, & social opportunities.	Disability Resource Connection (425) 347-5768 www.drconline.net Provides housing resources, advocacy & first time homebuyer budget counseling.
Center for Independence 502 State Ave, Ste 102, Marysville www.cfi-wa.org Resource for individuals with disabilitic community through outreach, information individual & system advocacy, independent of the system advocacy.	tion & referral, peer support,	Division of Developmental Disabilities (425) 339-4833 www.dshs.wa.gov/ddd Case managers can provide information on housing options and supports.
<b>Deaf/Hard of Hearing Services</b> Telecommunication Access Services	1-800-422-7941 (TTY) 1-800-422-7930 (voice)	

# 4. Refugee & Immigrant Resources

Refugee and Immigrant Services	Lutheran Community Services	U.S. Citizenship & Immigration
Northwest	Northwest	Services
840 N Broadway, Ste 200, Everett	911 Stewart St, Seattle 98101	800-375-5283
(425) 388-9307	(206) 694-5742	Forms Request Line: 800-870-3676
risnw.org	lcsnw.org/safe-route	www.uscis.gov
Provides a range of legal	The Safe Route Immigration program	Naturalization and/or other
immigration & naturalization services.	provides accessible legal services to	immigration forms.
	refugees & immigrants.	
Washington Immigrant Solidarity	Muslim Association of Puget Sound	Asian Counseling and Referral Service
Washington Immigrant Solidarity Network	Muslim Association of Puget Sound 5010 Grove St, Marysville	<b>Asian Counseling and Referral Service</b> 3639 Martin Luther King Jr Way S,
		_
Network	5010 Grove St, Marysville	3639 Martin Luther King Jr Way S,
Network Seattle, WA	5010 Grove St, Marysville 2109 103rd Ave SE, Lake Stevens	3639 Martin Luther King Jr Way S, Seattle 98144
Network Seattle, WA (844) 724-3737	5010 Grove St, Marysville 2109 103rd Ave SE, Lake Stevens (425) 861-9555	3639 Martin Luther King Jr Way S, Seattle 98144 (206) 695-7600
Network Seattle, WA (844) 724-3737 waisn.org	5010 Grove St, Marysville 2109 103rd Ave SE, Lake Stevens (425) 861-9555 mapsredmond.org	3639 Martin Luther King Jr Way S, Seattle 98144 (206) 695-7600 acrs.org



# 5. Culturally Relevant Resources

Latino Educational Training Institute (425) 775-2688 6605 202nd St, Ste 300, Lynnwood letiwa.org/programs/programs.html Offers educational, legal, childcare, health & wellness resources. May offer food & rent assistance if funding available.	Black SnoCo  Website that connects residents of Snohomish County to local Black leaders, entrepreneurs, creatives, & community resources.
Muslim Association of Puget Sound (425) 861-9555 5010 Grove St, Marysville mapsredmond.org 2109 103rd Ave SE, Lake Stevens Eviction prevention, emergency utility assistance, refugee rental assistance program, emergency motel stay, food, holiday meals, housing services, community health clinic, emergency disaster relief, legal clinic, marriage counseling.	Asian Counseling and Referral Service (206) 695-7600 3639 Martin Luther King Jr Way S, Seattle 98144 acrs.org Services for basic needs, aging, behavioral health & wellness, child & youth development, employment & training services, citizenship & immigration assistance, & recovery services.
Chief Seattle Club (206) 715-7536 410 2nd Ave Extension S, Seattle www.cheifseattleclub.org Provides basic needs & services to American Indian & Alaska Native people. Offers housing assistance, legal services, food, primary health care, Native art job training program, cultural community building.	Entre Hermanos (206) 322-7700 1621 S Jackson St, Ste 202, Seattle entrehermanos.org Services for Latinx LGBTQ+ people: housing assistance, HIV/AIDS prevention, immigration.
POCAAN (206) 322-7061 4437 Rainier Ave S, Seattle 98118 www.pocaan.org Supportive programs for BIPOC & LGBTQ+ people that can provide rent assistance, landlord negotiation, education, outreach, HIV prevention/awareness, criminal justice, & health advocacy.	Jewish Family Service (206) 461-3240 1601 16th Ave, Seattle 98122 www.jfsseattle.org Supports the needs of Jewish people, refugees & immigrants, & the community. Offers financial assistance, food, social support, domestic violence services, support groups, supportive living for people with disabilities.

#### 6. Youth Resources

<b>U-Turn at Cocoon House</b> (425) 259-5802	<b>SnoCo Connect</b> (425) 374-8351	<b>Lambert House</b> (206) 322-2515
3530 Colby Ave Everett	301 Smith Ave, 4th floor, Everett	1818 15th Ave, Seattle 98102
www.cocoonhouse.org/outreach	snococonnect.org	www.lamberthouse.org
Open Monday-Friday 2-6:30pm. Drop in	Support services for 14-24 year olds to	Safe place for LGBTQIA2S+
center for teens up to age 24. Access to	connect to education, career skills	youth ages 10-22. Offers
legal clinic, medical services, substance use	training, community & employment	activities, support groups, food,
& mental health counselors, advocates,	resources.	resources.
housing, showers, laundry, Wi-Fi & food.		



# **HOMELESS**



#### 1. Shelters

#### \*\*\* Call 2-1-1 for admission to these shelters \*\*\*

Cocoon House Central, Everett	(425) 877-5171	Temporary housing for teens under 18.	
Esther's Place, Everett	(425) 512-0749	For women & children. Offers meals, toiletries, clothes, support groups, classes,	
,	(1.20, 0.22 01 10	haircuts, medical & dental care.	
Everett Gospel Mission, Women & Children's Shelter	(425) 740-2501	For women and children only.	
Everett	(425) 740-2501	For women and children only.	
Everett Gospel Mission Lydia House Snohomish	(425) 252-1297	Transitional home for women only.	
Everett Gospel Mission, Men's Shelter, Everett	(425) 740-2550	For men only.	
Housing Hope Everett, Everett	(425) 347-6556	Transitional housing & shelter	
The Lazarus House & Lion's Den Foundation Everett (425) 207-6875 Sober housing. This is not a fr		Sober housing. This is not a free service	
YWCA Pathways for Women Lynnwood	(425) 774-9843	Shelter for women and children only.	

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www.shelterlistings.org/state/washington.html
Online list of housing resources in your state: Homeless shelters, supportive housing, housing for low income, halfway housing, transitional housing, day shelters, low cost housing

**Faith Family Village Pallet Shelter** (425) 200-5121 <u>interfaithwa.org/ffv/</u>

Provides emergency shelter to families with children in Everett. Apply online or call.

#### 2. Cold Weather Shelters

Most cold weather shelters are open **November 1st - March 15th** when temperatures fall below 32 degrees for more than four hours a night. Visit Snohomish County's website for updated information: snohomish-county-public-safety-hub-snoco-gis.hub.arcgis.com/pages/cold-weather-shelters

Arlington Cold Weather Shelter	1200 E 5th St, Arlington	CLOSED 2023-2024	(360) 403-4674
Arlington 2	338 N Macleod Ave, Arlington	CLOSED 2023-2024	(360) 403-4674
Arlington 3	17721 Smokey Pt Blvd Arlington	CLOSED 2023-2024	(360) 403-4674
Arlington 4	18824 Smokey Point Blvd Ste 105 Arlington	CLOSED 2023-2024	(360) 659-8900
Stanwood-Camano Cold Weather Shelter	St. Aidan's Church 1318 Hwy 532 Camano	Opens 8pm	(360) 629-5257
Everett Family Cold Weather Shelter	5126 S 2nd Ave Everett	4pm-8pm	speterson @egmission.org
<b>Everett Cold Weather Shelter</b>	2624 Rockefeller Ave Everett	8pm-10pm	(425) 977-9686
Marysville Cold Weather Shelter	7215 51st Ave NE, Marysville	7pm-9:30pm	(425) 686-9272
Monroe Cold Weather Shelter 342 S Lewis St, Monroe		8pm-8am	(425) 354-0824
Salvation Army	2525 Rucker Ave, Everett	CLOSED 2023-2024	(425) 259-8129 ext. 233
Snohomish Cold Weather Shelter	210 Ave B, Snohomish	8pm-10pm	(425) 864-3765

**Daytime Warming Centers** located at Sno-Isle Libraries. For updated info call or visit the website at <a href="https://www.sno-isle.org/">https://www.sno-isle.org/</a>



#### 2. Cold Weather Shelters (continued)

**South Snohomish County Emergency Cold Weather Shelter** at Maple Park Church, 17620 60th Ave W Lynnwood www.WeAllBelong.org (206) 743-9843 or (425) 778-2159 ext. 8

Open Nov-March when temperatures fall to freezing overnight. Meals provided. Transportation to shelter provided from 3 locations: 1. Lynnwood City Hall at 7pm every day (except Wednesdays at 8:50pm)

- 2. Bus stop on Westbound 196<sup>th</sup> St. and Highway 99 at 7:05pm every day (except Weds at 8:55pm)
- 3. The Value Village Sign on Southbound 172<sup>nd</sup> St. and Highway 99 at 7:35pm every day.

Transportation back to City Hall provided the next day at 7am. Bags and people are searched at the shelter to keep everyone safe. Policy of "No Alcohol, Drugs, Drug Paraphernalia, or Weapons" strictly enforced.

#### 3. Safe Parking Programs

Safe parking programs allow homeless people living in their cars to park and sleep safely where they will not be towed. Please call 2-1-1 to learn if there are programs like this in your area and how to access them.

#### Cars to Housing—Interfaith Family (425) 200-5121 Shelter in Everett

interfaithwa.org/cars-to-housing

10 parking spaces. Offers rehousing case management services to families with children. Portable restroom available. Pet friendly. Apply online.

Lake Washington United(425) 922-8051Methodist Churchkarina@lakewaumc.org

7525 132nd Ave NE, Kirkland 98033

lakewaumc.org/safe-parking-program-page

Serves women, trans people & families with minors. Offers food, indoor restrooms & kitchen. Dog friendly. Intake process & background check required.

#### Overlake Christian Church (425) 895-5904

9900 Willows Rd NE, Redmond 98052 www.occ.org
Serves 15 single men and couples. No children. Stay at least 3 months. Shower & toiletries available.
Application/background check required.

#### Salmon Bay Village - Safe Parking for RVs

3435 15th Ave W, Seattle 98119

www.lihihousing.org

Serves 40-50 vulnerable & elderly RV residents. Space for 30 RVs. Offers case management, tiny houses, community kitchen, hygiene & laundry facilities.

Visit the Washington Law Help website to learn about your rights if you live in your vehicle:

https://washingtonlawhelp.org

#### **Car Camp at Edmonds Unitarian Universalist Church**

8109 224th St SW, Edmonds 98026 (425) 778-0373 euuc.org/justice/serving-our-community/homelessness 10 spaces for women & families with kids.

#### Newport Presbyterian Church (206) 427-7993

410 120th Ave SE, Bellevue 98006 (425) 785-5045

Email: lois@loisbrandt.com www.newportpres.org

Women only. Open March-November. Portable restroom, faucet, & electrical outlets available. Pet friendly. Background check required.

#### Safe Parking—St. Jude Catholic Church

(425) 658-4982

10526 166th Ave NE, Redmond 98052

safeparking@stjude-redmond.org

Adults only (18+). Stay 3 months. Portable restroom available. Background check required.

#### Road 2 Housing – Urban League

(206) 461-3792

105 14th Ave, Suite 200, Seattle 98122

urbanleague.org/homeless-outreach

All people & ages welcome. Offers overnight parking & employment assistance. Paperwork required.

#### **UHeights Safe Lot**

(206) 527-4278

5031 University Way NE, Seattle 98105

www.uheightscenter.org/safe-lot

Space for 10 vehicles overnight. Priority for families, students, & seniors. Children welcome. Offers hygiene/laundry facilities, meals, portable restroom, & case management. Background check required.



#### 4. Hot Showers & Laundry

#### Bethany Compassion Center (425) 512-9696 1421 Broadway, Everett

www.bethanycompassioncenter.com/bccprograms
Thursdays 3pm-6pm & Saturdays 9am-12pm
Laundry & hygiene supplies provided. Sign up online.

# Washed Mobile www.washedmobile.com Wednesdays at 4pm at 2936 Rockefeller Ave, Everett Saturdays at 7:30am at 6215 196th St SW, Lynnwood Sundays at 2:30pm at 1108 State St, Marysville

# North Snohomish County nsoutreach.org Outreach Laundry

Tues at 6:30pm-8:30pm at 102 W 5<sup>th</sup> St, Arlington Weds at 4:30pm-5:30pm at 1108 State Ave, Marysville Weds at 6pm-8pm at 1048 State Ave, Marysville Tues & Weds, 5:30-8pm, 3131 Smokey Pt Dr, Smokey Point Thurs at 6pm-8pm at 8812 Viking Way, Stanwood

**Shower to the People** 2324 Lombard Ave, Everett showertothepeople.yourwebsitespace.com/locations
2nd & last Fridays of the month at 10am-12:30pm.
Free showers, toiletries, clothing, blankets, sleeping bags.

# **Everett Gospel Mission**<a href="mailto:egmission.org">egmission.org</a> 3711 Smith Ave, Everett

Women 11:30am-1pm daily. Men 1pm-4pm daily (7:30pm-10pm for guests with beds). Showers, laundry, toiletries available.

#### Showers After Hours at YMCA (360) 653-9622 Sun at 5pm-7pm at 6420 60th Dr NE, Marysville. Sat at 12:30pm-2:30pm at 14033 Fryelands BLVD, Monroe Mon-Fri at 5am-8pm 1372 Puget Park Dr, Everett Need an ID. Free showers.

**Lynnwood Shower Site** 19726 65th Ave W, Lynnwood Mondays-Saturdays at 10am-5pm

# VOAWW Sky Valley Integrated Service Center Campus 617 1st St, Sultan

Mondays & Wednesdays at 10am-2pm & 12pm-5pm

Esther's Place	3705 Broadway, Everett
Mondays-Fridays at 9am-1:30pm	

#### 5. Public Bathrooms in Everett

Everett Gospel Mission,	Everett Transit Center,
3700 Smith, Alley, Daily,	3201 Smith Ave, Daily,
24 hours	7:30am-6pm
Port of Everett Boat	Port of Everett Boxcar Park,
Launch, 607 10th St, Daily	615 13th St, Daily, 6am-9pm
6am-11pm	, , , , , ,
	0 0 110 1
Forest Park,	Garfield Park,
802 E Mukilteo Blvd	2300 Walnut St Everett,
Everett, Daily, 6am-dusk	6am-dusk,
	Closed Nov-March
Everett Public Library	Everett Public Library North,
South,	2702 Hoyt Ave,
9512 Evergreen Way,	Tues-Sat at 10am-6pm
Tues-Sat at 10am-6pm	
Hague Homestead Park,	Howarth Park,
1819 121 St SE Everett,	1127 Olympic Blvd Everett,
Daily, 6am-dusk	6am-dusk,
24.7, 24.11 445.1	Closed Nov-March
Kasala Massassial David	
Kasch Memorial Park,	Legion Park,
8811 Airport Rd Everett,	145 Alverson Blvd Everett,
6am-dusk,	Daily, 6am-dusk
Game days only	
Langus Park, 400 Smith	Phil Johnson Ballfields Park,
Island Rd Everett, Daily,	400 W Sievers-Deucy Blvd
6am-dusk	Everett, 6am-dusk, Game
	days only
Rotary Park,	Senator Henry M. Jackson
3505 Lowell-Snohomish	Park, 3302 18th St Everett
River Rd Everett, Daily,	6am-dusk,
6am-dusk	Closed Nov-March
Thornton A. Sullivan Park,	Walter E. Hall Park, 11405
1226 W Casino Rd Everett,	Silver Lake Rd Everett, Daily,
Daily, 6am-dusk	6am-dusk
	Jam-uusk
Wiggums Hallow Park,	
2808 10th St Everett,	
Daily, 6am-dusk	



# Renter Resources



#### 1. Security Deposits

Assistance for security deposits is very limited in the community. As you start reaching out for assistance, look for other ways to save money. For example:

- Evaluate how you can reduce other bills or save money in other places in your budget.
- Talk to your friends or family who could help or loan money.
- If you are part of a church community or support organization, ask if they might assist members financially.
- Submit a written request to your landlord to pay your security deposit in an installment plan over 3 months. Please view this website for more details: https://www.washingtonlawhelp.org/resource/tenants-new-legalprotection-from-discrimination-based-on-source-of-income

#### Possible Resources:

Please understand that resources are very limited, and that each agency has their own eligibility criteria.

- **DSHS Cash Diversion or AREN Grant** Talk to the local DSHS office or apply through www.WashingtonConnection.org.
- St. Vincent de Paul (425) 355-3504 Offers limited financial assistance to residents of Snohomish County. (Does not serve residents of Lake Stevens, Darrington, or Granite Falls). svdpnsc.com
- Westgate Chapel (425) 775-2776 Provides limited financial support to residents in the Edmonds, Lynnwood, and Mountlake Terrace areas.

#### 2. Landlord Tenant Services

#### **Dispute Resolution Center Landlord Tenant Services**

(425) 339-1335 (option 4) www.voaww.org/drc

Volunteers of America Western Washington's Landlord Tenant Services provides information & conflict resolution services to help tenants and landlords solve their housing dilemmas. **NOTE:** Not all services are free, please call to ask about the cost.

- Provides information and education on the Washington Residential Landlord-Tenant Act
- Provides coaching, conciliating, & mediating rental housing disputes
- Meets one-on-one with tenants to help identify and problem solve barriers to securing rental housing
- Helps tenants develop rental resumes

# www.tenantsunion.org

**Tenants Union of Washington State** (206) 723-0500

Helps tenants gain knowledge and skills to keep themselves safely housed. Provides answers to questions about landlord-tenant laws & can discuss strategies to prevent housing loss.

#### **Washington Law Help**

www.WashingtonLawHelp.org

Website offers resources and information on your legal rights, self-help forms, packets, videos. Visit for information on tenant rights, eviction & foreclosure laws, fair housing laws, and more.

#### Solid Ground—Tenant Webinars

(206) 694-6700

1501 N 45th Street, Seattle 98103

www.solidground.org/get-help/housing/for-tenants/tenantwebinars/

Website offers webinars, tools & tips for renters, & information to help you understand Landlord-Tenant Laws & your tenant rights.

#### **Volunteers of America Renters Certification Classes**

www.voaww.org/fairhousing

Free Renters Certification and Fair Housing classes where you learn about tenant rights and how to boost your rental résumé.



# 3. Energy Assistance

·	ncome eligible	PUD Energy Assistance www.snopud.com PUD energy assistance pro to a 60% need-based disc utility bills.	
Holy Cross Catholic Church 6915 SR 92, Lake Stevens hccclakestevens.org/index. Provides utility assistance for Lake Stevens & Granite Falls reswill pay 50\$ towards one bill every 30 days. Bring your bill & Tuesdays 10am-12pm & 2pm-4pm	sidents. They	WSAC Lifeline Program www.lifelinesupport.org Telephone: Internet Servi Discounts: Lifeline Progra	
Snohomish County Energy Assistance www.snohomishcountywa.gov/522/Energy-Assistance Energy assistance programs offered by Snohomish County.	425) 388-3880		

**NOTE:** See page 4-8 for information on community resource centers that offer utility assistance

#### 4. Other Necessities

Affordable Connectivity Program View eligibility info & apply at affordableconnectivity.gov or Program that helps low-income households pay for internet sconnected devices:  Up to \$30/month discount for broadband service  Up to \$75/month discount for households on qualifying The Anne-time discount of up to \$100 for a laptop, desktop of (if household contributes \$10 - \$50 toward the purchase A low cost service plan that may be fully covered through the	ribal lands computer price).	ClearCaptions clearcaptions.com Free captioning serving you to hear and read phone. People with his qualified for free Clear equipment, service, & ClearCaptions Mobile available for iPhone of	when using the learing loss are arCaptions support.
Renters Insurance Here are a few companies that offer affordable renters insurally all that (855)-720-1916 - American Family Insurance (800)-692-6326 - Nationwide (888) 869-5727 - State Farm (800)-782-8332 Please contact each company directly for rates & eligibility interesters insurance for \$5-20 a month & if you combine with you ance provider, you may get a discount. Discounts may also be seniors and/or non-smokers.	fo. You can get our auto insur-	Internet Essentials  www.internetessenti Discounted internet s low-income families ( tax) at Comcast. No c installation fee, or co 15 Mbps internet, &	service for (\$9.95 a month + credit checks, ntract required.
Snohomish County Solid Waste - Senior Low Income Garbag (425) 388-3425, Option 0 Discount at county transfer stations for Snohomish County remeet income guidelines.	•	Free Government Ce www.safelinkwireles www.freegovernment Free cell phones for l	s.com ntcellphones.net



#### 4. Other Necessities (continued)

# American Financial Solutions (888) 282-5899 500 Pacific Ave, Ste 550, Bremerton 98337 www.myfinancialgoals.org/counselors Credit & debt counseling, debt management, free financial education classes & workshops for all ages (virtual & in-person). Consumer Financial Protection Bureau (855) 411-2372 www.consumerfinance.gov/consumer-tools/ Government website that offers education, information, & tools that can help guide your financial decisions.

#### 5. Utility Discounts

Many city utility departments offer discounts on water, sewer, and/or garbage to seniors or disabled households. Call to find out specific program requirements.

City of Arlington 238 N Olympic Ave (360) 403-3421 www.arlingtonwa.gov Water & Sewer Discount	Silver Lake Water and S District 15205 41 <sup>st</sup> Ave SE, Bothe (425) 337-3647 www.slwsd.com Water & Sewer Discount	ell	City of Edmonds 121 5 <sup>th</sup> Ave N (425) 771-0241 www.edmondswa.gov Water, Sewer & Storm Drain Discount		2
City of Gold Bar 107 5 <sup>th</sup> St (360) 793-1101 www.cityofgoldbar.us Water Discount	City of Granite Falls 206 S Granite Ave (360) 691-6441 www.ci.granite-falls.wa. Water Discount	.us	City of Lake Stevens 1812 Main St (425) 622-9400 www.lakestevenswa.gov Garbage Discount	City of Everett 3101 Cedar St (425) 257-8999 www.everettw Water & Sewe	9 <u>va.gov</u>
City of Mukilteo 11930 Cyrus Way (425) 263-8000 mukilteowa.gov Storm Drain Discount	City of Monroe 806 W Main St (360) 794-7400 www.monroewa.gov Utility Discounts		City of Stanwood 10220 270 <sup>th</sup> St NW (360) 629-2181 www.ci.stanwood.wa.us Water & Sewer Discount	City of Lynnwo 19100 44 <sup>th</sup> Ave (425) 670-5170 www.lynnwoo Water & Sewe	e W 0 odwa.gov
Waste Management Division 3000 Rockefeller M/S 607 Everett snohomishcountywa.gov/207/Solid-Waste Waste Management Division 610 www		6100 www Wate	of Mountlake Terrace (4 219th St SW .cityofmlt.com/162/Utilities r, Sewer, Garbage Discount ce Charge Exemption		City of Sultan 319 Main St (360) 793-2231 www.ci.sultan.wa.us Utility Discounts
Alderwood Water & Wastewater District         3626 156 <sup>th</sup> St SW, Lynnwood       1049         (425) 743-4605 or (425) 787-0220       www		State Ave .marysvillewa.gov age, Sewer, Water Discount	60) 363-8000 . Utility Tax		



# **Other Resources**



# 1. Legal

Disability Rights of Washington (800) 562-2702 or (206) 324-1521 www.disabilityrightswa.org Protects the rights of people with disabilities statewide.	Columbia Legal Services (800) 542-0794 www.columbialegal.org Protects & defends the legal and human rights of low income people.		Washington Law Help www.washingtonlawhelp.org Provides education materials, tools, & information on many legal issues, linking to programs & resources.
CLEAR Hotline (888) 201-1014 nwjustice.org/clear-hotline Washington's toll-free advice & referral service for low income people seeking free assistance with civil legal problems. Call Mon-Fri 9:15am-12:15	Dispute Resolution Cer www.voaww.org Information & mediation tenant/landlord dispute information & counseling	(425) 339-1335 on services for es, fair housing	Snohomish County Legal Services (425) 258-9283 www.snocolegal.org Provides free legal aid program serving Snohomish County residents experiencing poverty.
Fair Housing Center of Washington (253) 274-9523 or (844) 557-6322 www.fhcwashington.org Assures equal access to housing & related services & provides education, investigation & enforcement of applicable laws.	Northwest Justice Projemww.nwjustice.org Free civil legal assistant for low-income people affecting basic human reself-help materials available.	(425) 252-8515 ce & representation in situations needs. Free	Domestic Violence Services (425) 252-2873 24 hour crisis line www.dvs-snoco.org Provides free and confidential services, emergency shelter, legal advocacy, support groups, education.
Protection Order Programs (425) 388-3638 www.snohomishcountywa.gov/439/ protection-orders	QLaw Foundation of Washington 400 E Pine St, Ste 225, Seattle 98122 www.qlawfoundation.org Free legal clinics for transgender & 2SLGBTQIA+ people.		
Lavender Rights Project 911 E Pike St, #314, Seattle 98122 Legal Support Hotline: (253) 325-1416 Housing Support for Black Community: (888) 393-3466 Email for emergency legal support: ikal@lavrights.org www.lavenderrightsproject.org Offers free affirming, supportive legal services for Black and Indigenous communities in Washington, with a focus on uplifting Black trans women and femmes.		24-Hour Hotline: (8 Snohomish/Island ( www.victimsupport Provides free service harmed by crime. S courtroom support	88) 288-9221 County Office: (425) 252-6081
Gender Justice League 1122 E Pike St, Ste 969, Seattle 98122 www.genderjusticeleague.org Provides services to Two-Spirit, Trans, 8 survivors of gender-based violence & c financial assistance, resource navigatio	rime. Offers shelter,		



#### 2. Transportation

Community Transit (425) 353-7433
TTY relay 711 (800) 562-1375
www.communitytransit.org/accessibility
Offers a free Transit Instruction Program
for senior citizens, people with disabilities
and non-English speaking persons who
may feel unsure about riding the bus.

Dial-A-Ride Transportation (425) 347-5912 <a href="https://www.dialaride.org">www.dialaride.org</a> (800) 562-1381 <a href="https://www.dialaride.org">Provides door to door transportation to the elderly/disabled who are unable to use regular bus services in Snohomish County. Must be ADA para transit eligible.

Disabled Parking Permits
(425) 388-3371
Parking permits available
through the Department of
Licensing.
www.dol.wa.gov/
vehicleregistration/
parking.html

Everett Para Transit (425) 257-8801 3225 Cedar St, Everett www.EverettTransit.org

Provides Origin to destination transport within the Everett Transit service area for people who are ADA eligible or Everett residents age 65+ who have no other means of transportation. Eligibility is determined through an application process. Fare is \$2 each time you board.

Homage Senior Services (425) 513-1900 (800) 422-2024

www.homage.org/transportation
Provides information on local
transportation services for senior and/or
disabled people. Including Transportation
Assistance Program (TAP) and Pay Your Pal
Transportation Program.

Find a Ride www.findaride.org

An online resource that helps riders locate transportation options in Snohomish, King and Pierce Counties.

HopeLink (425) 869-6000 www.hopelink.org/needhelp/transportation Medical transport for Medicaid patients

Stillaguamish Tribe Transit Services (360) 629-0503 www.stillaguamish.com

Provides demand-response transportation to native and non-native individuals in northern Snohomish County. Schedule in advance.

**Orca Lift** (800) 756-5437 reducedfare.kingcounty.gov

Offers reduced fare on many different types of transit. Apply by calling or visiting an enrollment location in person, such as at the DSHS Community Services Offices in Snohomish County.

Washington 2-1-1 Call 2-1-1 or (877) 211-9274 wa211.org Provides transportation

information and referrals.

**Snow Goose Transit** 

(360) 629-7403 ext. 101 snowgoosetransit.org/map

A "flex route" service that picks up people with mobility challenges from their front door. Service in Camano Island, Stanwood, Arlington and Smokey Point. Schedule a route deviation 48 hours in advance by calling 8am-5pm, Monday-Friday. View service schedule and stop locations on the website.

# 3. Clothing Hours and offerings may change, please call ahead.

(360) 435-4875	Times vary. Email kidskloset@frontier.com
(360) 568-7271	1st Friday & 3rd Saturday of Month: 10am-1pm
(360) 629-5257	Primarily serves teens and young adults.  Make appointment online: <a href="https://www.crc-sc.org">www.crc-sc.org</a>
(425) 741-6500	Times vary. Email office@clothesforkids.org
(360) 386-9871	1st & 3rd Thursdays of each month 10:30am–1:30pm
(425) 740-2500	Times vary, please call.
(425) 353-4758	Fridays 10:30am—2:15pm
(360) 435-2214	Wednesdays & Fridays 9am-12pm
(425) 374-2461	Monthly giveaway for families with kids
(425) 405-2252	Free coats for adults and kids. Available 24/7 all year.
(360) 654-4205	Tuesday-Thursday 9am-2pm
(425) 355-6005	Times and locations vary, please call.
(360) 658-1021	Mondays—Thursdays: 9:30am–12pm & 1pm—3pm. Appointment required.
(360) 794-8720	Thurs-Mon 11am-3pm. Inmate families.
	Contact your school for referral.
(425) 259-8129	Times vary, please call.
(360) 651-8246	Tuesdays & Thurs: 10am-12pm, 1pm-4pm
(425) 256-6444	For pregnant women, infants, preschoolers
(425) 258-2766	Times vary, please call.
	(360) 629-5257 (425) 741-6500 (360) 386-9871 (425) 740-2500 (425) 353-4758 (360) 435-2214 (425) 374-2461 (425) 405-2252 (360) 654-4205 (425) 355-6005 (360) 658-1021 (360) 794-8720 

### 4. Other Resources

Sustainable Community Stewards—Repair Café (425) 357-6027 <a href="https://extension.wsu.edu/snohomish/sustainability-stewards/repair-cafe">https://extension.wsu.edu/snohomish/sustainability-stewards/repair-cafe</a> Get your broken stuff repaired for free by volunteers at this repair café that happens every other month at different locations across Snohomish County (view their website for details).	Www.usps.com Free service that sends you email notifications when your mail comes through the post office. Sign up online.
Beck's Place (425) 419-8992 Monroe, WA www.becksplace.org Foster boarding and veterinary services for the pets of low-income families living between Snohomish and Index. They offer temporary foster homes for pets, annual veterinary care subsidies, and monthly "Pay What You Can" wellness clinics that provide exams, vaccines, flea treatment, deworming, nail trims, microchipping, and free pet food. Call for schedule.	Mobile Bike Repair Clinic 520 128th St SW, Ste A9-A10, Everett sno-isle.org Every 4th Tuesday of the month at 3pm-6pm volunteer mechanics will help repair your bike at Mariner Library. Free helmets for kids and adults will be
Department of Licensing— DOL2Go Mobile Unit dol.wa.gov/driver-licenses-and-permits/dol2go-mobile-unit Provides onsite ID card & driver licensing services to people with barriers to visiting DOL offices. Go online to see locations & times	provided by SafeKids Snohomish.



#### 5. Library Services

#### **Sno-Isle Libraries**

(360) 651-7000

www.sno-isle.org

23 libraries located throughout Snohomish and Island Counties that host services, resources, & community events.

<u>Computers & Wi-Fi Hotspots</u>: Check out a laptop & Wi-Fi Hotspot for 3 weeks. Use desktop computers for up to 2 hours at any location (except Mariner Library).

<u>Printing</u>: Remote printing & contact-free pickup available. You receive \$7.00 printing credit on your library card each week (use this for printing, copying & scanning).

#### <u>Free Online Learning: https://www.sno-isle.org/resources/online-learning/</u>

Access free online learning resources by logging into the website with your library card and Personal Identification Number (PIN). If you don't have a library card yet, you can request one at your local branch, call or go online.

- LinkedIn Learning: In-depth and bite-sized courses that can be viewed anytime.
- Brainfuse Adult Learning Center: Live one-on-one academic coaching, practice test center, and online resources.
- Brainfuse HelpNow: Online tutors in every subject. Seven days a week, 1:00pm 11:00pm.
- <u>Peterson's Test & Career Prep</u>: Prepare for standardized tests with ebooks, online courses and full-length practice tests for GED, SAT, ACT, AP, PSAT, GRE, LSAT, MCAT, TOEFL, U.S. citizenship and more. Create your résumé, find your ideal career direction and search for your next job.
- Mango Languages: Courses in more than 70 languages that use real-life situations & conversations.
- <u>Microsoft Learn</u>: Training covering 4 content areas: Microsoft Office applications, computer science, data science, and IT infrastructure.
- Northstar Digital Literacy: Short videos and practice scenarios that help you build skills and confidence in using computers, email, and the internet.

#### The Washington Talking Book & Braille Library

2021 9th Ave Seattle 98121

(206) 615-0400 or (800) 542-0866

Email: wtbbl@sos.wa.gov

#### www.wtbbl.org

Free In-person and mail library services for any Washington resident who can't read standard print material due to blindness, visual impairment, deaf-blindness, physical disability, or reading disability.

- Youth Services: Programs and events for children and their families; books and materials in all formats for children of all ages; summer reading program by mail
- <u>Training & instruction:</u> Computer Lab open Monday-Friday, 8:30am-5:00pm. Call ahead to schedule appointment or training session.
- <u>Assistive Technology Resources:</u> Provides a list of organizations that offer products, support, training, & guidance with assistive/adaptive technology devices. Staff can answer questions via email about devices & buying advice.



# **Food Assistance**



#### 1. General Food Assistance

#### **Washington's Basic Food Program**

www.foodhelp.wa.gov

Provides food assistance. This program is also called Food Stamps or EBT (Electronic Benefit Transfer). Staff at a Community Service Office can help you determine if you're eligible for services like financial assistance, Medicaid, food stamp assistance or childcare. Find a local office at: <a href="www.dshs.wa.gov/esa/online-community-services-office-cso">www.dshs.wa.gov/esa/online-community-services-office-cso</a>

Apply online at www.washingtonconnection.org

Hand In Hand (425) 374-2461

9502 19th Ave SE, Ste F, Everett <u>handinhandkids.org/outreach-program</u>
Anyone in Snohomish County experiencing emergency situations can pick up
free food boxes that contain food for a family of 4 to last 7 days. Apply online.

#### Women, Infants & Children (WIC)

4005 Colby Ave, Everett- (425) 252-5303

4111 Alderwood Mall Blvd, Lynnwood- (425) 258-8400

Help & advice for pregnant women, infants, & children under 5 years old. Services include food, nutrition, health screenings, education, counseling, referrals to health & dental services, & maternal support.

#### **Edmonds Food Bank—United Methodist Church**

(425) 778-5833

(877) 501-2233

828 Caspers St, Edmonds <u>edmondsfoodbank.org/order-food/</u>

Order home delivery of food bank items online.

#### Homage Nutrition Programs: Meals on Wheels & Community Table Dining Program

5026 196th St SW, Lynnwood (425) 347-1229 or (800) 824-2183 Email: nutrition@homage.org

www.homage.org

Home-delivered meals, nutrition education, & counseling. Senior dining meals at sites throughout Snohomish County. Call the site nearest to you: Arlington 360-653-4551

Center for Healthy Living 425-290-1268 Bakerview Apartments 425-212-3536 Darrington 360-436-0646

Granite Falls 360-691-7177

Everett 425-257-8780 Monroe 360-794-6359

Mountlake Terrace 425-672-2407 Slavic/Ukrainian site 425-212-3536

Snohomish 360-568-0934

#### FoodFinder

foodfinder.us

Online map of when and where to find free food assistance.

#### 2. Hot Meals Hours may change, please call ahead

ARLINGTON					
Monday-Friday	Stilly Valley Center, 18308 Smokey Point Blvd	(360) 653-4551	<b>12pm</b> Pick up at main hall. \$4 for ages 60+. \$8 for under 60.		
BOTHELL	BOTHELL				
Thursday	Northlake Christian Church, 19029 N Rd	(425) 672-8044	<b>6pm</b> 2nd Thursdays. No dinners July-Aug.		
EDMONDS					
Wednesday	Edmonds Lutheran Church, 23525 84th Ave W	(425) 744-8090	5pm-6:30pm		
Friday	Maplewood Presbyterian Church 19523 84th Ave W	(425) 778-5248	5:45pm—7pm		



# 2. Hot Meals (continued) Hours may change, please call ahead

EVERETT			
	Everett Gospel Mission, 3711 Smith Ave	(425) 740-2550	<b>10am-3pm</b> Women only <b>12:15pm-1:15pm &amp; 4-5pm</b> Men
	Cocoon House, 3530 Colby Ave	(425) 259-5802	10am-1pm Youth ages 14-24
Sunday	<b>Everett United Church of Christ</b> 2624 Rockefeller Ave	(425) 252-7224	12pm & 4:30pm
	Central Lutheran Church, 2702 Rockefeller Ave	(425) 252-8291	5pm
	Hope Creek Charitable Foundation	(425) 876-7161	5pm 1st, 3rd & 5th Sundays of
	2702 Rockefeller Ave	(423) 870-7101	month. <b>4pm</b> Nov-March
	Everett Gospel Mission, 3711 Smith Ave	(425) 740-2550	<b>10am-11am</b> Women. <b>11:30am-</b>
	•	` '	12:50pm & 4pm-6pm Men only
	<b>Everett United Church of Christ,</b> 2624 Rockefeller Ave	(425) 252-7224	12pm & 4:30pm
	Carl Gipson Center, 3025 Lombard Ave	(425) 259-3191	11am-12pm Seniors 60+
Monday	Cocoon House, 3530 Colby Ave	(425) 259-5802	<b>4:30pm</b> Youth ages 14-24
Wionday	Esther's Place, 2936 Rockefeller Ave	(425) 512-0749	9am-1:30pm Women & kids
	First Church of the Nazarene, 2502 Lombard Ave	(425) 252-5276	12:00pm
	Salt of the Earth's Food Blessing, Zion Lutheran	(425) 470-3851	<b>11:30am-12:45pm,</b> 3rd Monday
	Church, 4634 Alger Ave	, ,	of each month.
	<b>The Salvation Army,</b> 2525 Rucker Ave	(425) 259-8129	5pm-5:45pm
	Esther's Place, 2936 Rockefeller Ave	(425) 512-0749	9am-1:30pm Women & kids
	<b>Everett United Church of Christ,</b> 2624 Rockefeller Ave	(425) 252-7224	12:00pm and 4:30pm
	Cocoon House, 3530 Colby Ave	(425) 259-5802	<b>4:30pm</b> Youth ages 14-24
Tuesday	Carl Gipson Center, 3025 Lombard Ave	(425) 259-3191	11am-12pm Seniors 60+
	Everett Gospel Mission, 3711 Smith Ave		<b>10am-11am</b> Women. <b>11:30am-</b>
		(425) 740-2550	12:50pm & 4pm-6pm Men only.
	N. 1 1 1017 0 115 1 A	(425) 542 0005	1:30pm-3pm Food boxes for all
	Vision Church, 1917 California Ave	(425) 512-9905	11am–2pm
	Faith Lutheran Church, 6708 Cady Rd	(425) 353-4758	5pm Dog friendly
	Esther's Place, 2936 Rockefeller Ave	(425) 512-0749	9am-1:30pm Women & kids
	Everett United Church of Christ, 2624 Rockefeller Ave	(425) 252-7224	12pm & 4:30pm
	Cocoon House, 3530 Colby Ave	(425) 259-5802	<b>4:30pm</b> Youth ages 14 – 24.
Wednesday	Carl Gipson Center, 3025 Lombard Ave	(425) 259-3191	<b>11am–12pm</b> Seniors 60+.
	Everett Gospel Mission, 3711 Smith Ave	(425) 740-2550	10am-11am Women. 11:30am-
	Waisan Chamab 4047 California Assa	(425) 542 0005	12:50pm & 4pm-6pm Men only
	Vision Church, 1917 California Ave	(425) 512-9905	11am-2pm
	First Presbyterian Church, 2936 Rockefeller Ave	(425) 259-7139	4:30pm Showers available.
	French Coord Mission 2711 Craith Ave	(425) 740 2550	10am-11am Women. 11:30am-
	Everett Gospel Mission, 3711 Smith Ave	(425) 740-2550	12:50pm & 4pm-6pm Men only.
	Cocoon House, 3530 Colby Ave	(425) 250 5002	1:30pm-3pm Food boxes for all
Thursday	Carl Gipson Center, 3025 Lombard Ave	(425) 259-5802	<b>4:30pm</b> Youth ages 14-24 <b>11am-12pm</b> Seniors 60+
	Esther's Place, 2936 Rockefeller Ave	(425) 259-3191 (425) 512-0749	9am-1:30pm Women & kids
	Vision Church, 1917 California Ave	(425) 512-9905	11am-2pm
	Everett United Church of Christ, 2624 Rockefeller Ave	(425) 252-7224	12pm & 5pm Meals to-go)
	Esther's Place, 2936 Rockefeller Ave	(425) 512-0749	9am-1:30pm Women & kids
Friday	Cocoon House, 3530 Colby Ave	(425) 259-5802	4:30pm Youth ages 14-24
riludy	Carl Gipson Center, 3025 Lombard Ave	(425) 259-3802	<b>11am-2pm</b> Seniors 60±,
	Carr Gipson Center, 3023 Lumbaru Ave	(42) 233-3131	TTaill-Zhill Selliols Outing



## 2. Hot Meals (continued) Hours may change, please call ahead.

EVERETT (c					
	Vision Church, 1917 California Ave	(425) 512-9905	5pm		
Friday	Everett Gospel Mission, 3711 Smith Ave	(425) 740-2550	<b>10am-11am</b> Women. <b>11:30am -12:50pm &amp; 4pm-6pm</b> Men.		
	Everett United Church of Christ, 2624 Rockefeller Ave		12pm & 4:30pm		
	First Baptist Church, 1616 Pacific Ave	(425) 259-9166	5pm		
	Cocoon House, 3530 Colby Ave	(425) 259-5802	<b>10am-1pm</b> Youth ages 14-24.		
Saturday	Everett Gospel Mission, 3711 Smith Ave	(425) 740-2550	10am-11am Women. 11:30am -12:50pm & 4pm-6pm Men		
	<b>Everett United Church of Christ,</b> 2624 Rockefeller Ave	(425) 252-7224	12pm & 4:30pm		
	The Lord's Little Cooker, 2625 Hoyt Ave		8am		
LAKE STEVI	<b>ENS</b>				
Thursday	Ebenezer Lutheran Church, 2111 117th Ave NE	(425) 334-0421	<b>4-6pm</b> Take-out meals except on weeks of Thanksgiving, Christmas, New Years, July 4 <sup>th</sup> , Halloween		
MARYSVILI	LE				
Monday	Evergreen Unitarian Church, 1607 4th St	(360) 659-6621	1pm-2pm		
Tuesday	The Salvation Army, 7227 44th Ave NE	(360) 926-2228	9:30am		
Mode and av	Evergreen Unitarian Church, 1607 4th St	(360) 659-6621	1pm-2pm		
Wednesday	The Salvation Army, 7227 44th Ave NE	(360) 926-2228	<b>5pm</b> Doors open at 4pm		
Thursday	The Salvation Army, 7227 44th Ave NE	(360) 926-2228	9:30am		
Friday	Evergreen Unitarian Church, 1607 4th St	(360) 659-6621	1pm-2pm		
MONROE					
Wednesday	Monroe Covenant Church, 202 S Sams St	(360) 794-1022	<b>6pm.</b> Doors open 5:30pm		
Saturday	New Hope Fellowship Church, 1012 W Main St	(360) 794-8162	9am-10am		
MOUNTLA	KE TERRACE	<u>'</u>			
Monday	Bethesda Lutheran Church, 23406 56th Ave W	(425) 778-6390	<b>1pm &amp; 5:30pm</b> 2 <sup>nd</sup> & 4 <sup>th</sup> Monday of each month.		
SHORELINE	SHORELINE				
Wednesday	<b>Prince of Peace Lutheran Church,</b> 14514 20th Ave NE, Shoreline	(206) 363-8100	5pm-6:30pm		
SNOHOMISH					
Monday	St. John's Episcopal Church, 913 2nd St	(360) 568-4622	4:30pm-6pm		
Tuesday	Christ the King & Longhouse Community Meal, 825 Ave D	(952) 881-8600	<b>6pm</b> 1st & 3rd Tues of month. Check Facebook for updates.		
Thursday	St. John's Episcopal Church, 913 2nd St	(360) 568-4622	4:30pm-6pm		
STANWOOD					
Thursday	Our Savior's Lutheran Church, 27201 99th Ave NW	(360) 629-4422	5:30pm		



# 3. Food Banks

Please call to find out if you live within the food bank's service area

ARLINGTON		
Arlington Community Food Bank 19118 63rd Ave NE	(360) 435-1631	Monday: 5pm-6pm, Wednesday: 5:30pm-6:30pm, Friday: 12pm-1pm
Stilly Valley Center, 18308 Smokey Point Blvd	(360) 653-4551	2nd & 4th Tuesday:11am-12pm Food Bank Truck Thursday: 10am-11:30am Food Room
BOTHELL		,
Canyon Hills Community Church Food Bank 22125 17 <sup>th</sup> Ave SE, Ste 111	(425) 488-4121	<b>Tuesdays:</b> 11:30am–1:30pm and 5pm–6:30pm
DARRINGTON		
Darrington Food Pantry 1045 Montague Ave	(360) 631-3175	Monday: 10am-12pm, 1 <sup>st</sup> & 2 <sup>nd</sup> Wednesday: 10am-12pm, 2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday: 6pm–8pm
EDMONDS		
<b>Edmonds Food Bank,</b> United Methodist Church 828 Caspers St	(425) 778-5833	Monday: 3pm-5:30pm, Tuesday: 9am-12pm.
Edmonds Westgate Chapel, 22901 Edmonds Way	(425) 977-4500	Thursdays: 11am-2pm. Clothing available.
EVERETT		
Bethany Compassion Center, 1421 Broadway	(425) 512-9696	Call for times the food pantry is open
Bethel Baptist Church, 2625 Hoyt Ave	(425) 252-0249	Tuesday-Friday: 10am-4pm
Trinity Lutheran Aid Bank at Clark Park 2324 Lombard Ave	(425) 252-1239	Fridays: 10:30am-12:30pm
Faith Lutheran Church, 6708 Cady Rd	(425) 353-4758	<b>Fridays:</b> 10:30-2:15pm.
Salvation Army Food Bank, 2525 Rucker Ave	(425) 259-8129	Mon & Fri: 10am-1pm, Tues-Thurs: 10am-3pm
Everett Food Bank (North), 1230 Broadway Ave	(425) 259-3191 ext. 13014	Mon, Wed, Thurs: 10am-2pm 2nd & 4th Tuesday: 3pm-6pm
Everett Food Bank (South), 805 W Casino Rd	(425) 259-3191	1st & 3rd Tuesday: 3pm-5pm
Everett Food Bank (South), 14 E Casino Rd	(425) 259-3191	2nd & 4th Tuesday: 3pm-6pm
<b>Everett Muslim Community Center,</b> "Modest Free Market", 500 SE Everett Mall Way	(425) 310-2411	Saturday: 9am-12pm www.modestfamilysolutions.org
United Church of Christ, 2624 Rockefeller Ave	(425) 252-7224	Last 2 Mondays of the month 9:30am-12:30pm
Salt of the Earth's Food Blessing Zion Lutheran Church, 4634 Alger Ave	(425) 470-3851	Fridays: 11:30am
GRANITE FALLS		
Wind of Joy Fellowship Church, 20721 Canyon Dr	(425) 356-1901	1st, 3rd, & 5th Wednesday: 11:30am-1:30pm
Granite Falls Community Coalition 307 N Alder Ave	(360) 691-4253	2nd & 4th Wednesday: 4:30pm-6pm



# 3. Food Banks (continued)

Call to find out if you live within the food bank's service area

INDEX		
Sky Valley Mobile Food Bank, Doolittle Pioneer		
Park, 200 5th St	(360) 794-7959	Wednesday: 11am-12pm
LAKE STEVENS		
Holy Cross Catholic Church, 6915 SR 92	(360) 691-2636	Tuesday: 10am-12pm & 2pm-4pm
Lake Stevens Food Bank, 2111 117th Ave NE	(425) 334-3430	Thursday: 1:30pm—6pm
Lake Stevens Food Bank, 9805 31 <sup>st</sup> PL NE	(425) 334-3430	Tuesday: 5:30pm—6:30pm
Lake Stevens Community Resource Center Food		
Pantry, 8021 20 <sup>th</sup> St SE	(425) 405-2252	Call for times the food pantry is open
Lake Stevens Impact Christian Church, Cavelero	(425) 345-3430	2 <sup>nd</sup> Sunday of the month: 12pm—1:30pm
Mid High School, 8220 24th St SE	(423) 343-3430	2 Sunday of the month. 12pm—1.30pm
LYNNWOOD		
Lynnwood Food Bank, Silver Creek Family Church,	(425) 745-1635	Wednesday: 11am-5pm. Assisted service
5320 176th St SW	(425) 745-1635	2pm. <b>Fridays</b> : 10am-1pm
MARYSVILLE		
Marysville Community Food Bank, 4150 88th St NE	(360) 658-1054	Monday & Friday: 9-11am, Tues: 3-6pm
Allen Creek Community Church, 7302 44 <sup>th</sup> Ave NE	(360) 659-7335	Tuesday & Thursday. Call for appointment
Ste B2	ext. 202	ruesday & Thursday. Call for appointment
<b>Bethlehem Lutheran,</b> 7215 51 <sup>st</sup> Ave NE	(360) 659-2022	Monday-Thursday: 9am-3:30pm
Foursquare Church, 11911 State Ave	(425) 470-3851	Thursday: 11:30am, Drive through
MILL CREEK		
Mill Creek Food Bank, 4326 148th St SE	(425) 316-3333	Monday & Thursday: 4pm—7pm
Mill Creek Food Bank, 4326 148th St SE  MONROE	(425) 316-3333	Monday & Thursday: 4pm—7pm
MONROE	,	
MONROE Sky Valley Food Bank, 233 Sky River Parkway	(360) 794-7959	Monday & Thursday: 4pm—7pm  Wednesday: 2pm—5pm
MONROE Sky Valley Food Bank, 233 Sky River Parkway MOUNTLAKE TERRACE	(360) 794-7959	Wednesday: 2pm-5pm
MONROE Sky Valley Food Bank, 233 Sky River Parkway MOUNTLAKE TERRACE Bethesda Lutheran Church, 23406 56th Ave W	,	
MONROE Sky Valley Food Bank, 233 Sky River Parkway MOUNTLAKE TERRACE	(360) 794-7959	Wednesday: 2pm–5pm Sunday: 4pm
MONROE Sky Valley Food Bank, 233 Sky River Parkway MOUNTLAKE TERRACE Bethesda Lutheran Church, 23406 56th Ave W Concern for Neighbors, 4700 228th St SW MUKILTEO	(360) 794-7959 (425) 778-6390 (425) 778-7227	Wednesday: 2pm-5pm  Sunday: 4pm Tuesday: 9:30am—11:30am
MONROE Sky Valley Food Bank, 233 Sky River Parkway MOUNTLAKE TERRACE Bethesda Lutheran Church, 23406 56th Ave W Concern for Neighbors, 4700 228th St SW	(360) 794-7959	Wednesday: 2pm–5pm Sunday: 4pm
MONROE Sky Valley Food Bank, 233 Sky River Parkway MOUNTLAKE TERRACE Bethesda Lutheran Church, 23406 56th Ave W Concern for Neighbors, 4700 228th St SW MUKILTEO Mukilteo Food Bank, Presbyterian Church 4514 84th St SW	(360) 794-7959 (425) 778-6390 (425) 778-7227	Wednesday: 2pm-5pm  Sunday: 4pm  Tuesday: 9:30am—11:30am  2 <sup>nd</sup> & 4 <sup>th</sup> Monday of the month:
MONROE Sky Valley Food Bank, 233 Sky River Parkway MOUNTLAKE TERRACE Bethesda Lutheran Church, 23406 56th Ave W Concern for Neighbors, 4700 228th St SW MUKILTEO Mukilteo Food Bank, Presbyterian Church 4514 84th St SW SNOHOMISH	(360) 794-7959 (425) 778-6390 (425) 778-7227 (425) 366-8229	Wednesday: 2pm–5pm  Sunday: 4pm  Tuesday: 9:30am—11:30am  2 <sup>nd</sup> & 4 <sup>th</sup> Monday of the month: 9am–10:30am & 3pm–5pm
MONROE Sky Valley Food Bank, 233 Sky River Parkway MOUNTLAKE TERRACE Bethesda Lutheran Church, 23406 56th Ave W Concern for Neighbors, 4700 228th St SW MUKILTEO Mukilteo Food Bank, Presbyterian Church 4514 84th St SW SNOHOMISH Maltby Food Bank, 21104 86th Ave SE	(360) 794-7959 (425) 778-6390 (425) 778-7227 (425) 366-8229 (360) 668-7900	Wednesday: 2pm-5pm  Sunday: 4pm  Tuesday: 9:30am—11:30am  2 <sup>nd</sup> & 4 <sup>th</sup> Monday of the month:
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MONROE Sky Valley Food Bank, 233 Sky River Parkway MOUNTLAKE TERRACE Bethesda Lutheran Church, 23406 56th Ave W Concern for Neighbors, 4700 228th St SW MUKILTEO Mukilteo Food Bank, Presbyterian Church 4514 84th St SW SNOHOMISH Maltby Food Bank, 21104 86th Ave SE Community Food Bank, 1330 Ferguson Park Rd Hope Church, 5002 Bickford Ave	(360) 794-7959 (425) 778-6390 (425) 778-7227 (425) 366-8229 (360) 668-7900 (360) 568-7993 (425) 470-3851	Wednesday: 2pm–5pm  Sunday: 4pm Tuesday: 9:30am—11:30am  2 <sup>nd</sup> & 4 <sup>th</sup> Monday of the month: 9am–10:30am & 3pm–5pm  Thursday: 2:15pm-4:45pm Tuesday: 3pm—6pm, Friday: 10am-1pm Tuesday: 11:30am
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# **Health & Safety**



#### 1. Medical & Dental Services Many of these services have multiple locations, view the websites for details.

			7	
Citrine Health Center of Snohomish County  citrinehealth.org  www.womenswellnesscenter.org  Connects women & uninsured people aged 40-60 with services like health screenings, insurance, & food programs.			Family Health Hotline www.parenthelp123.org Info & resources for health ca specialty services & recreation for kids with special health can	nal opportunities
Safe Harbor Free Clinic (425) 870-7384 7209 265th St NW, Ste 203/204, Stanwood www.safeharborfreeclinic.org/services-6			Lahai Health 19820 Scriber Lake Rd, Ste 2, I lahai.org Medical, Dental, and Mental H	
Medical Teams International (425) 284-1950 www.medicalteams.org/how-we-heal/mobile-dental-program Voicemail listing of Mobile Dental Vans in the region that serve adults without dental insurance.			American Cancer Society www.cancer.org Offers cancer information, pre treatments. Provides direct fir cancer patients.	
Snohomish Health District  www.snohd.org  Promotes access to dental and health care, maternal/child health care, family planning, sexually transmitted disease diagnoses, disease & injury prevention & nutrition.			The C-Suite Center for Hope	(425) 626-5141 w.c-suitehope.org or patients, their
			, ,	
Snohomish County Human Service www.snohomishcountywa.gov/191 Helps people meet their basic need	/Human-Services	(425) 388-7200	HopeLink www.hopelink.org Medical transport for Medicai	(425) 869-6000 d patients.
Snohomish County Human Service www.snohomishcountywa.gov/191 Helps people meet their basic need Lifelong 210 S Lucile St, Seattle 98108 Services for people living with a ser	/Human-Services s <u>w</u> ious illness like cand	(206) 957-1600 www.lifelong.org cer, kidney	HopeLink www.hopelink.org	d patients. (800) 232-4636
Snohomish County Human Service www.snohomishcountywa.gov/191 Helps people meet their basic need Lifelong 210 S Lucile St, Seattle 98108 Services for people living with a ser disease, & HIV: food & nutrition, ho dental, case management, insurance	/Human-Services s with the services was illness like cand busing, aging & disable, support groups.	(206) 957-1600 www.lifelong.org cer, kidney	HopeLink www.hopelink.org Medical transport for Medicai Center for Disease Control Sexually Transmitted Disease www.cdc.gov Point of Pride Provides financial aid & direct	d patients.  (800) 232-4636  Hotline  pointofpride.org support to trans
Snohomish County Human Service www.snohomishcountywa.gov/191 Helps people meet their basic need Lifelong 210 S Lucile St, Seattle 98108 Services for people living with a ser disease, & HIV: food & nutrition, ho	/Human-Services s  ious illness like candusing, aging & disable, support groups. quality ur-rights/health-care	(206) 957-1600 www.lifelong.org cer, kidney bility services,	HopeLink www.hopelink.org Medical transport for Medicai Center for Disease Control Sexually Transmitted Disease www.cdc.gov Point of Pride Provides financial aid & direct people in need of health & we	d patients.  (800) 232-4636  Hotline  pointofpride.org support to trans ellness care.
Snohomish County Human Service www.snohomishcountywa.gov/191 Helps people meet their basic need Lifelong 210 S Lucile St, Seattle 98108 Services for people living with a ser disease, & HIV: food & nutrition, ho dental, case management, insurance National Center for Transgender Echttps://transequality.org/know-you Visit the website for information gu Alcohol/Drug 24-Hour Helpline (206) 722-3700	/Human-Services s  ious illness like canceusing, aging & disable, support groups.  quality ar-rights/health-care ides on your health  Compass Health (425) 349-6800	(206) 957-1600 www.lifelong.org ter, kidney pility services,	HopeLink  www.hopelink.org  Medical transport for Medicai  Center for Disease Control  Sexually Transmitted Disease  www.cdc.gov  Point of Pride  Provides financial aid & direct people in need of health & we  Folx Health	d patients.  (800) 232-4636  Hotline  pointofpride.org support to trans ellness care.  ww.folxhealth.com are, mental health ealth care, &
Snohomish County Human Service www.snohomishcountywa.gov/191 Helps people meet their basic need Lifelong 210 S Lucile St, Seattle 98108 Services for people living with a ser disease, & HIV: food & nutrition, ho dental, case management, insurance National Center for Transgender Ed https://transequality.org/know-you Visit the website for information gu Alcohol/Drug 24-Hour Helpline	/Human-Services s  ious illness like canceusing, aging & disable, support groups.  quality ar-rights/health-care ides on your health  Compass Health	(206) 957-1600 www.lifelong.org ter, kidney pility services,  care rights.	HopeLink  www.hopelink.org  Medical transport for Medicai  Center for Disease Control  Sexually Transmitted Disease  www.cdc.gov  Point of Pride  Provides financial aid & direct people in need of health & we  Folx Health  Gender affirming telehealth care, sexual & reproductive health	d patients.  (800) 232-4636  Hotline  pointofpride.org support to trans ellness care.  w.folxhealth.com are, mental health ealth care, & not required.  c (425) 339-2175 v.realchoices.com



# 1. Medical & Dental Services (continued)

	(206) 397-2440 Latino Commun e & health care choices. They assess your healthcare cov with Medicare enrollment, make referrals to other agency	verage needs,
Snohomish County Community Health Centers (425) 789-3789 www.chcsno.org Medical, Dental and Pharmacy services. Locations shown to the right.	Arlington Clinic, 326 S Stillaguamish Ave, Arlington Edmonds Clinic, 23320 Hwy 99, Edmonds Everett Central Clinic, 4201 Rucker Ave, Everett Everett College Clinic, 930 N Broadway, Everett Everett North Clinic, 1424 Broadway, Everett Everett South Clinic, 1019 112 <sup>th</sup> St SW, Everett Lynnwood Clinic, 4111 194 <sup>th</sup> St SW, Lynnwood	(360) 572-5400 (425) 640-5500 (425) 382-4000 (425) 595-3900 (425) 789-2000 (425) 551-6200 (425) 835-5200

#### 2. Mental Health Services

National Suicide Prevention Lifeline  Chat Services at <u>988lifeline.org</u> Free & confidential support for people having thoughts of suicide, mental health or substance use crises, or any other kind of emotional distress.	Care Crisis Line & Volunteers of (800) 584-3578 America Crisis Response Services Chat services at imhurting.org 24 hour information, referral & intervention services for all ages in mental health crisis.
Native and Strong Lifeline  Chat Services at 988lifeline.org  If you are an indigenous person and in crisis, you can call 988 and choose option 4 to speak with trained crisis counselors who are Tribal members & descendants with close ties to their community	Providence Behavioral Health Urgent Care  1330 Rockefeller, Ste 140, Everett Urgent care for adults (18+) who need behavioral health interventions.
LGBT National Youth Talkline (800) 246-7743 Email: help@lgbthotline.org Provides free & confidential telephone & email peer-support.	Crisis Connections 24 Hour Crisis Line (866) 427-4747  www.crisisconeections.org  Call if you are experiencing emotional crisis.
Washington Warm Line (877) 500-9276  www.crisisconnections.org/wa-warm-line Peer support helpline for people experiencing emotional & mental health challenges.	National Alliance on Mental Illness (206) 783-4288 www.namiwa.org Provides advocacy, information, and support for individuals with mental illness & their families.
Marysville Bridgeways Clubhouse (425) 513-8213 4716 61st St NE, Marysville www.bridgeways.org Safe space for adults struggling with mental illness to create community & gain skills to re-enter the workplace.	National Trans Lifeline (877) 565-8860 Call for access to trans peer support if you need someone to talk to, even if it is not a crisis or if you are not sure that you are trans.
Washington Indian Behavioral Health Hub (866) 491-1683 <a href="https://www.voaww.org/tribalservices">https://www.voaww.org/tribalservices</a> A central resource point for Native American & Alaska Native communities in Washington that offers resources, culturally relevant options, discharge planning, coordination of care, information & referrals.	The Northwest Network  Seattle, WA  Services for LGBTQ+ survivors of abuse, domestic violence, hate violence, stalking, harassment: advocacy-based counseling, legal advocacy, safety/ support planning.



#### 2. Mental Health Services (continued)

# Compass Health Project for Assistance in Transition from Homelessness (PATH)

(425) 349-8200 www.compasshealth.org

Mental health & chemical dependency services. PATH provides supportive counseling, psychiatric assessments, case management, medication management, housing services, and assistance obtaining medical coverage & financial benefits to homeless individuals.

Inclusive Therapists
<a href="https://www.inclusivetherapists.com">www.inclusivetherapists.com</a>
Directory of inclusive,
affirming, and culturally
responsive therapists.

#### 3. Mental Health Resources for Youth

<b>The Trevor Project</b> (866) 488-7386			
Or Text "START" to 678678			
Chat Services online at:			
www.thetrevorproject.org/get-help-now			
24-hour support for LGBTQIA+ youth in			
distress. Provides crisis resources.			

You Matter
youmatter.988lifeline.org
Safe online space for youth
to discuss mental health &
wellness. Administered by
the National Suicide
Prevention Lifeline.

Stomp Out Bullying
stompoutbullying.org
HelpChat Crisis Line
Tues-Fri, 4pm-8pm
Free, confidential, online
support for ages 13-24 with
bullying/cyberbullying issues

GLBT National Youth Talkline

(800) 246-7743

#### 4. Substance Use Recovery Services

Recovery Center at Evergreen (360) 794-1405 Health Monroe www.recoverycentermonroe.com 17880 147th St SE, Monroe Offers services for people experiencing substance use disorders.	Everett Recovery Café (425) 258-5630 1212 California St, Everett www.everettrecoverycafe.org Safe space & community for people in recovery from the trauma of homelessness, addiction & mental health challenges. Required to be 24 hours drug and alcohol free.
Smokey Point Behavioral Hospital (360) 651-6400 3955 156th St NE, Marysville smokeypointbehavioralhospital.com Offers inpatient & outpatient services for people experiencing mental health & substance use disorders	Snohomish County Diversion Center (425) 471-6100 1818 Wall St, Everett pioneerhumanservices.org/treatment/centers?tid=19 Shelter for homeless people experiencing substance use disorders & behavioral health issues
Evergreen Recovery Centers (425) 493-5310 2732 Grand Ave, Everett evergreenrc.org 4230 198th St SW Lynnwood 98036 Offers services for people experiencing mental health disorders & substance use disorders.	Ituha Stabilization Facility (360) 499-7011 275 NE 10th Ave, Oak Harbor 98277  pioneerhumanservices.org/treatment/centers?tid=19  Provides a monitored & safe setting for people withdrawing from alcohol & drugs, and counseling for people experiencing a mental health crisis.
Sno-Isle Libraries Narcan Giveaway Events sno-isle.org Go online to see when Sno-Isle Libraries will be hosting the next Narcan (Naloxone) giveaway event	Washington Recovery Help Line 1 (866) 789-1511  www.warecoveryhelpline.org Call or Text  Emotional support, crisis intervention, & referrals for substance abuse, problem gambling, & mental health.
Ideal Option(877) 522-12754301 Hoyt Ave, Everettwww.idealoption.comOffers medication-assisted treatment for addiction.	Holman Recovery Center (877) 973-4220 16415 Smokey Point Blvd, Arlington holmanrecoverycenter.org Residential substance use disorder treatment center.
Sound Pathways Harm Reduction Center	(425) 258-2977

#### **Sound Pathways Harm Reduction Center**

1625 E Marine View Dr, Ste 4, Everett

https://soundpathways.org

Substance use prevention & intervention services. Free drug testing and implements, Naloxone, wound care kits, Plan B, hygiene kits, condoms, pregnancy tests, STD tests & vaccines.



#### 4. Safety Services

Domestic Violence Services of Snohomish County Everett, WA Free & confidential services: emergency advocacy, support groups & domestic vio	dvs-snoco.org	Adult Protective Services www.dshs.wa.gov/altsa/adult-protective Investigates reports about abuse, aband neglect, exploitation and self-neglect of in Washington State.	onment,
Providence intervention Center for Assault & Abuse 1509 California St, Everett	(425) 252-4800 24 hour hotline		

# Child Care



#### 1. McKinney-Vento Act

If you have no permanent place to live, federal law allows you to keep your child in the same school at no added cost to you. Under the McKinney-Vento Act, children in homeless situations have the right to:

- Go to school, no matter where they live or how long they have lived there.
- Attend either the local school or the school of origin, if this is in their best interest; the school of origin is the school the child attended when they were permanently housed or the school in which the child was last enrolled.
- Receive transportation to and from the school of origin.
- Enroll in school immediately, even if missing records and documents normally required for enrollment, such as a birth certificate, proof of residence, previous school records, or immunization/medical records.
- Enroll, attend classes, and participate fully in all school activities while the school gathers records.
- Have access to the same programs and services that are available to all other students, including transportation and supplemental educational services.
- Attend school with children not experiencing homelessness; a school cannot segregate a student because they were homeless.

#### **Snohomish County School Districts Homeless Liaison Contacts**

District	Contact Person	Phone Number	E-mail
Arlington	Brian Long	(360) 618-6235	blong@asd.wednet.edu
Darrington	Linn Brooks	(360) 436-1323 ext. 306	lbrooks@dsd.k12.wa.us
Edmonds	Karla Reyes Sanchez	(425) 431-7146	ReyesSanchezK747@edmonds.wednet.edu
Everett	Amy Perusse	(425) 385-4032	aperusse@everettsd.org
Granite Falls	Beth Mills	(360) 691-7717	emills@gfalls.wednet.edu
Index	Brad Jernberg	(360) 793-1330	bjernberg@index.k12.wa.us
Lake Stevens	Sarah Danielson	(425) 335-1500 ext. 1589	sarah_danielson@lkstevens.wednet.edu
Lakewood	Amie Verellen-Grubbs	(360) 652-4500	averellen-Grubbs@lwsd.wednet.edu
Marysville	Deanna Bashour	(360) 965-0049	deanna_bashour@msd25.org
Monroe	Tinna Pamanian	(360) 804-4518	pamanianc@monroe.wednet.edu
Mukilteo	Janelle Parken	(425) 356- 6671	ssmkv@mukilteo.wednet.edu
Northshore	Anna Foy	(425) 408-7727	afoy@nsd.org
Snohomish	Nina Hoffar	(360) 563-7284	nina.hoffar@sno.wednet.edu
Stanwood	Michele Kunzman	(360) 629-1392	mkunzman@stanwood.wednet.edu
Sultan	Paul Douglas	(360) 793-9801 ext. 1042	paul.douglas@sultank12.wa.us



#### 2. Child Care Resources

# Early Childhood Education and Assistance Program & Head Start

www.dcyf.wa.gov/services/earlylearning-childcare/eceapheadstart

Free learning childcare and preschool support programs. Visit the website for contact info and locations.

# **St. Vincent de Paul—North Sound Council** (425) 355-3504 svdpnsc.com

Children's Bed Program provides free new beds for children under 18 years old to families who qualify. Call to request.

Life House Ministries lifehousewa.org/services 8825 34th Ave NE, Ste L179, Marysville (360) 548-3177 Offers parenting resources, support groups, baby gear (car seats, high chairs, strollers, diapers, wipes, baby food, formula), life skills & vocational training, children's clothing, maternity clothing, and community resources (like legal, automotive, housing & financial assistance).

#### The Pregnancy Resource Clinic (425) 339-2175

4310 Hoyt Ave, Everett <u>www.realchoices.com</u>
Provides free healthcare services, classes, & workshops.
There are no income requirements, no application process

There are no income requirements, no application process, and no insurance billing. The Baby Boutique offers maternity & baby clothing, diapers to people who participated in their classes, support groups, and workshops.

Stilly Valley Health Connections (360) 386-9918 3405 173rd Pl NE, Arlington www.stillyvalleyhealth.org www.safekids.org/coalition/safe-kids-snohomish-county Offers car seat checks the last Thursday of every month to ensure children are safely restrained in the car seat, booster seat, or seat belt.

**Edmonds Toy Shop** <u>edmondsfoodbank.org/toy-shop/</u> 828 Caspers St, L100, Edmonds

Provides gifts to people with kids ages 0-17 in December.

# Diaper Bank at Granite Falls Community Coalition

307 N Alder Ave, Granite Falls

www.granitefallscommunitycoalition.org

Offers free diapers, wipes, and formula.

#### **Dolly Parton's Imagination Library**

www.uwsc.org/freebooksforkids

Children age 0-5 can receive free high-quality age appropriate books mailed to their home.

#### Parent Help 123

(800) 322-2588

www.parenthelp123.org

Offers access to health and human services.

#### Two Hearts Pregnancy Aid

(425) 252-6444

(360) 691-4253

3202 Hoyt Ave, Everett <a href="www.twoheartswa.org/services">www.twoheartswa.org/services</a>
Provides free diapers, formula, maternity & newborn clothing, baby furniture, and more. Snohomish County residents in need qualify for a new car seat for each child ages 0-2 years old.

#### **Sherwood Community Services**

(425) 334-4071

402 91st Ave NE, Lake Stevens

www.sherwoodcs.org/early-intervention

Therapy and education for children ages 0-3 who have developmental disabilities or are diagnosed with a medical condition known to cause risk for delays.

#### Sound Pathways Parent Child

(425) 258-2977 soundpathways.org

Assistance Program <u>so</u> 1625 E Marine View Dr Ste 4, Everett

The home visitation case management program supports pregnant and parenting women with substance use disorders.

**Childstrive** <u>childstrive.org</u> (425) 245-8377 906 SE Everett Mall Way, Ste 200, Everett

#### **DCYF Working Connections Child Care**

(844) 626-8687

www.washingtonconnection.org/home/home.go

www.dcyf.wa.gov/services/earlylearning-childcare/getting-help Provides childcare subsidy benefits to eligible low-income

families to help pay for childcare while they work or meet WorkFirst participation requirements. Call or apply online.

#### **Childcare Aware**

(360) 734-8396 x227

www.ccanorthwest.org

Provides free, unbiased information and referrals for families seeking high-quality childcare. They can help you find licensed childcare in your area based on your needs & preferences.

#### NAACP—Kutz 4 Kidz Project

https://naacp-snoco.org/kutz4kidz

Free haircut voucher program for African American kindergarten-12th grade students who are homeless, low income, and receive free and reduced meals. Supported by Edmonds, Everett, Lake Stevens, Marysville, Monroe, Mukilteo, and the Snohomish school districts; The Boys and Girls Clubs of Everett, Marysville, and Monroe; and the YMCA of Everett, Marysville, and Monroe. Contact your school district diversity equity justice team, McKinny-Vento coordinator, community liaison, or the Directors of each YMCA, Boys and Girls Club.